

Over 50 & Loving Life

Let Gippsland Travel take the stress out of travel

You may think that travelling overseas is quite daunting, but Jacquey Turner, director of Gippsland Travel can take the stress out of your travels.

Simply join one of her personally escorted tours and not only will you meet new friends but have all your travel worries taken care of.

Jacquey is a highly experienced travel agent and tour escort with more than 26 years' experience.

Her attention to detail and personal care ensures that everyone travelling in her group will have a most enjoyable holiday experience.

With nine tours planned over 2012 and 2013 there is a range of destinations for you to choose from.

Departing at the end of January 2012, Jacquey will escort a 13-day in-depth tour of Egypt, including a first class 4-night cruise on the Nile, and Dubai which still has a few vacancies.

Despite media reports, visitors continue to be most welcome. The regular guide Ash, who has guided the tours since 2004, is again looking forward to showing us the treasures of his beloved land.

In March 2012, Jacquey is escorting a 7 day tour to London and Dorset that you can add-on to your other travel plans. With its wealth of history, culture and exciting attractions, you will spend four days in London before travelling to Thomas Hardy country in Dorset for the next three days.

With only two cabins still available you would need to book very soon to join Jacquey on her Trans-Siberian Private Train Journey in May/June 2012.

Featuring the exclusive private train the Golden Eagle on an epic journey between Vladivostok and Moscow, this is considered one of the world's greatest journeys.

The train journey takes a leisurely two weeks and by journey's end, you will have passed through eight time zones and travelled over 11,000 kilometres – one third of the way around the world.

There is also an opportunity to extend the journey with several days in St Petersburg, as well as a week in Korea beforehand, flying from Seoul to Vladivostok to



Book now to join Jacquey Turner on Gippsland Travel's Trans-Siberian private train journey in May / June 2012.

begin the train journey.

Also in 2012 is her very popular tour 'Splendours of England, Scotland and Ireland in September and a new tour to Slovenia, Croatia, Northern Italy and Provence in Southern France which is scheduled in October, enabling you to do both tours. Jacquey is holding an Information Night featuring these two tours on Tuesday, 25 October at the Gippsland Travel office at 7pm.

Further tours are planned to 'Discover Japan' in July 2012; 'Grand Tour of Canada and Alaska' in June 2013; spectacular Scandinavia in August 2013 and a chance to experience the wonderful traditions of 'Christmas in Europe' in December 2013.

Now is the time to start planning your retirement travels so call in to the Gippsland Travel office at Shop 3/126 Albert Road Warragul or phone 5623 5151 and register your interest in one of these fully escorted tours.

This way you will be kept up to date when further details are available and Information Nights for each of the tours are planned.

Health, wealth and independence – the top concerns of Victorian seniors revealed



Left: Bowling is one of the most popular activities at Lifestyle Warragul.

A survey conducted in the lead up to this year's Victorian Senior's Festival has uncovered the biggest concerns for Victorian's over 50.

Of the top five issues facing seniors, health and lifestyle dominated. More than two thirds (68%) of those surveyed said they were concerned about their health while 59% said they were worried about maintaining their independence as they aged.

Victorian seniors also fear being alone, with 42.3% of respondents citing regular interaction with others as a key concern in retirement.

Staying active, meanwhile, was a high priority for 52.5% of those surveyed.

Lifestyle Warragul celebrated the Senior's Festival with an itinerary activities that promoted an active and healthy lifestyle.

Whether residents preferred lawn bowls, playing billiards, water aerobics or line dancing, there was something on offer for everyone.

Village Manager, Mavis Stevens thoroughly enjoys seeing the residents getting together for all the different activities.

"Our relaxed way of life makes Lifestyle Warragul a really fun place to live. We always have something planned, whether it is a barbecue, bowls tournament or a day trip. The Victorian Senior's Festival was a lot of fun this year," says Mavis.

Lynn Morris moved to Lifestyle Warragul just over 18 months ago and thoroughly enjoys the social and active community she is now part of.

"We always have a few get-togethers, whether it's for the Grand Final, The Senior's Festival, or the Melbourne Cup – there's always something! I love it

though, it's great to be surrounded by a friendly and supportive community," says Lynn Morris.

"Victorian seniors want a healthy, secure and independent lifestyle in retirement. Yet for many, fears about financial security and social isolation are very real," said Lifestyle Communities Director, Dael Perlov.

"With an ageing population it is vital that we understand the concerns of seniors – and respond with housing and lifestyle choices that address these issues."

Lifestyle Communities pioneered the affordable seniors housing sector, combining stylish homes with luxury resort facilities at achievable prices. Lifestyle Communities has more than 1400 homes in eight existing and planned communities across Victoria.

Mr Perlov said traditional retirement housing choices were too expensive or did not offer the level of independence today's seniors expect.

"This survey confirms the importance of financial security and lifestyle when it comes to retirement. It also confirms the growing importance of the affordable seniors

housing sector, with demand for affordable housing choices growing in line with Australia's rapidly ageing population," Mr Perlov said.

Conducted in August 2011, the Newspoll research asked Victorian seniors about their attitudes towards financial security, health, safety and security, social and leisure time.

For further information contact: Dael Perlov, Lifestyle Communities. Phone: (03) 9682-2249.

Email: info@lifestylecommunities.com.au

INFORMATION NIGHTS

For Jacquey's 2012 Personally Escorted Tours

Tuesday, 25 October at 7pm

SPLENDOURS OF ENGLAND, SCOTLAND & IRELAND - September

This 28-day comprehensive tour of England, Scotland and Ireland ends with four days in the heart of London. Our local guide Roy, who was so popular with our group last year, will be joining us again and is sure to keep us all entertained.



SLOVENIA, CROATIA & MORE - October

This 28-day tour will visit the coastal towns and villages of Croatia and then move on to Ljubljana, the charming capital of Slovenia. From there we will visit the lakes of Northern Italy and end our journey in the hills of Provence in Southern France.



Monday, 7 November at 7pm

DISCOVER JAPAN - July

This stunning tour will give you the opportunity to learn about Japan's history, religion, traditional arts and crafts, cuisine, architecture, gardens, calligraphy, kimonos, tea ceremonies, sake distilling, food and flower markets and much, much more. The itinerary will include Tokyo, Kyoto, Hiroshima and Osaka and some smaller regional towns.



Don't miss out on a great opportunity to discover these amazing places while being personally escorted by Jacquey Turner.

Bookings are essential so please register your attendance by phoning 5623 5151 or emailing reception@gippslandtravel.com.au Light refreshments will be provided.



GIPPSLAND TRAVEL

Lic. No. 31939

3/126 Albert Rd, WARRAGUL 5623 5151 www.gippslandtravel.com.au

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