



# Living life to the full

After a lifetime of work and raising a family it's important to live life for yourself and this includes remaining physically, mentally and socially active in order to get the most out of your life.

Lifestyle Communities provides the perfect opportunity for an active lifestyle with access to resort facilities at your doorstep.

"We believe that keeping fit and active helps you to stay young which is why all our villages feature a host of leisure and exercise facilities to suit all fitness levels," says Dael Perlov, Director Lifestyle Communities.

Building and maintaining strong relationships with family, friends and pets is important as we age.

Ensuring you have a support network available to you is a vital element in active ageing and one of the best ways to build a network is through community activities.

"At the heart of all our villages is a clubhouse that is the focal point for the social life of the community where many new friendships have formed over bowling competitions, BBQs, happy hour and regular social events.

"Pets can also be a great source of comfort and companionship and are an integral member of the family, which is why at Lifestyle Communities we ensure your pets are welcome to help make your move as easy as possible," Dael said.

**Construction will start soon at Lifestyle Shepparton, bringing an affordable, resort community to Shepparton for those seeking a new lease on life. Sales have commenced so be quick. Prices start from only \$164,900 for a fully landscaped home in the village. Join us for an information session by calling Julie on (03) 5831 1133 or visit the website [www.lifestylecommunities.com.au](http://www.lifestylecommunities.com.au).**